

Relapse of Unconsummated Marriage

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Unconsummated marriage (UCM) means a situation where newly married couples cannot achieve penile-vaginal intercourse for variable times, although desire and several attempts to do so and its exact causes are unknown [1]. It shows 17% of visits in sexual health clinics are because of this disability [2]. Major psychiatric disorders for instance depression, obsessive compulsive disorder and mental sub-normality were diagnosed in a minority of the patients [1]. It have been shown most important mental factors in women are fear of sexual relationship, unhappy or undesired view to their husband and anxiety in sexual function and premature ejaculation in men [3].

Vaginismus has been reported as an important cause for unconsummated marriage [4]. Vaginismus may increase the length of unconsummated marriage up to 22 years [5]. Pre-vaginal muscles prevent penile to enter in vaginismus disorder. In other words it makes intercourse uncomfortable [4]. Although the sexual ability of male partner may remain intact, he develops impotence [6]. Women with vaginismus in comparison with the healthy women obtain a significantly higher sexual distress score, defecation or urination problems, general anxiety, higher education levels and lower self-esteem. There is a strong correlation between vaginismus, phobia and anxiety [7]. Another cause of unconsummated marriage is vaginal stenosis. Vaginal stenosis is a common problem in women who have the experience of pelvic radiotherapy and surgeries for gynaecological cancer episiotomy. Not surprisingly, temporary dyspareunia is a common postnatal result [8]. 12.8% of women with chronic pain after delivery with episiotomy indicate a health problem [8].

In conclusion, after surgery, ladies may find conditions such

as vaginal narrowing and surgery scar that prevent their ability of sexual performance. Although, we didn't find statement "secondary" or relapse of UCM but theoretically and clinically it suggest that follow some surgery in genital area, it may happen a situation similar UCM.

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CONFLICTS OF INTEREST

There is no conflicts of interest.

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AUTHORS' CONTRIBUTIONS

Atena Fallah and Reza Bidaki designed the study, Mahdiah Mojbian and Bonnie Bozorg edited it and Bonnie Bozorg and Reza Bidaki submitted and revised it.

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